



## **APRIL 2022**

THE NUMBERS LISTED
BELOW ARE FOR
FEE-FOR-SERVICE (FFS)
SUPPORT

Magellan Pharmacy Support Center (Pharmacy, Member, and Prior Authorization) 1-800-424-7895 Monday – Friday 8:00 a.m. – 5:00 p.m., Central Time (CT) excluding State holidays

Clinical PA Fax 1-800-424-7976 24 Hours A Day, 7 Days a Week

Magellan Clinical PA Fax (PDL) 1-800-424-5739 24 Hours A Day, 7 Days a Week

Division of Medical Services Pharmacy Unit P.O. Box 1437, Slot S-415 Little Rock, AR 72203 Fax: 501-683-4124 OR 800-424-5851 Phone: 501-683-4120

Monday – Friday 8:00 a.m. – 4:30 p.m., Central Time (CT) excluding State holidays

## <u>UPCOMING LEGISLATIVE IMPLEMENTATIONS</u> ACT 406 (HB 1134)

- This Act gives pharmacists via scope of practice the right to prescribe, administer, deliver, distribute, or dispense vaccines, immunizations, and medications to treat adverse actions to those administered vaccines.
- Effective April 1, 2022, Arkansas Medicaid is accepting applications for new provider enrollment as an individual practitioner as provider type 95 RX. This will allow pharmacists to obtain a new PIN and to act as an ordering, rendering, prescribing provider. Submitting applications on the Provider Portal is recommended, but paper applications may also be submitted.
- Pharmacists that enroll may begin using their NPI on claims beginning June 1, 2022, unless there is delay on this deployment date. Communications will be provided for any delay in the go-live date for claims submissions.
- Effective June 1, 2022, provider type 07 using the pharmacy NPI will no longer be submitted as renderer on medical claims. Medical claims must be submitted with individual pharmacist provider type 95 RX NPI as the renderer.
- https://humanservices.arkansas.gov/divisions-shared-services/medicalservices/official-notices/

#### **DUR BOARD UPDATE**

The following will be presented during the **April 20, 2022** Drug Utilization Review Board meeting.

- PROPOSED CHANGES TO EXISTING CRITERIA: Antiemetics during pregnancy
- MANUAL REVIEW PROPOSED CRITERIA:
  - o Livmarli™
  - Livtencity<sup>™</sup>
  - o Tarpeyo<sup>™</sup>
  - Apretude
  - o Legvio®
  - o Recorlev®
  - o BESREMi®
  - o Vonio™
  - Pyrukynd®
  - Oxervate™

https://arkansas.magellanrx.com/client/docs/other/ARRx\_DUR\_b oard\_meeting\_agenda\_20220420.pdf

## PREFERRED DRUG LIST

Upcoming Drug Review Committee (DRC) classes to review on May 11, 2022

- o Antipsychotics, Oral
- o Bowel prep agents
- o Penicillamine/Cystine depleting agents
- Proton pump inhibitors

https://arkansas.magellanrx.com/client/docs/other/ARRx DRC meeting schedule.pdf





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### POINT-OF-SALE CHANGES

- Rescue seizure medications—April 1, 2022
  - Criteria:
    - Recipients must be ≥2 years of age to receive DIASTAT rectal gel; ≥12 years of age to receive NAYZILAM; ≥6 years of age to receive VALTOCO; AND
    - If the recipient has >2 consecutive months of paid pharmacy claims for NAYZILAM, VALTOCO, and/or DIASTAT rectal gel, a prior authorization will be required.
    - Quantity edits apply: 10 nasal sprays (5 cartons) for VALTOCO and NAYZILAM per month; 2 DIASTAT twin packs per claim

### • IVIG—April 1, 2022

- · All IVIG and SCIG products will be subject to point-of-sale edits
- For a claim to process at POS, the recipient must have a billed diagnosis for an indication found in Table A in the last 2 years (see attached memo for table). <a href="https://arkansas.magellanrx.com/client/docs/provider\_memos/ProvMem-20211124.pdf">https://arkansas.magellanrx.com/client/docs/provider\_memos/ProvMem-20211124.pdf</a>

## Polypharmacy soft edits—April 18, 2022

For the following drug combinations, add a POS prospective review by the pharmacist requiring proper DUR codes if the combination is appropriate for that individual patient.

 Opioid—sedative hypnotic; opioid—muscle relaxer; opioid—antipsychotics; and opioid—gabapentin in addition to the opioid—benzodiazepines already in place

#### Quetiapine—April 28, 2022

If one of the following POS criteria are not met, a prior authorization will be required.

Criterion 1: Recipient has a billed diagnosis in the past two years for one of the following:

- Schizoaffective disorder
- o Schizophrenia
- o Bipolar I disorder
- o Bipolar II disorder
- Unspecified bipolar and related disorder
- Unspecified schizophrenia spectrum and other psychotic disorders
- Delusional disorder

**Criterion 2:** Recipient has a paid pharmacy claim in their Medicaid drug history for quetiapine in the last 120 days

### Anticonvulsants—May 18, 2022

Patients compliant on a non-preferred agent will be able to continue that medication without a PA if there is a claim in their Medicaid profile in the previous 60 days.





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### NADAC REIMBURSEMENT REVIEW

Affordable Care Act Federal Upper Limit (ACA FUL) rates are updated monthly and National Average Drug Acquisition Cost (NADAC) rates are calculated monthly but can change on a weekly basis. NADAC rates that potentially change are released on Wednesdays. Most common reasons a NADAC may change weekly instead of monthly may be due to provider inquiry to the NADAC Help Desk or the WAC rate changes on a brand drug which triggers the Brand NADAC to be recalculated. Arkansas Medicaid gets the drug file reported to them on a weekly basis from First Data Bank and is generally loaded on Saturday nights. The effective date of any ACA FUL or NADAC on the file will be backdated in our system to reflect the effective date on the weekly drug file in which it was reported.

Occasionally, a NADAC rate review needs to be done if the acquisition cost from the wholesalers is more than the NADAC rate. To request a NADAC rate review, see the attached document that should be sent to Myers and Stauffer, LLC.

https://arkansas.magellanrx.com/client/docs/rxinfo/ARRx\_NADAC\_Request\_Medicaid\_Reimbursement Review Form.pdf

For Medicaid claims, the Arkansas Insurance Department is not the appropriate avenue to get the NADAC rate reviewed. If you have any questions, you can reach out to the NADAC Help Desk:

### NADAC Help Desk:

Toll-free phone: (855) 457-5264

Electronic mail: info@mslcrps.com

Facsimile: (844) 860-0236

## NEW PRODUCTS ON THE MARKET

| MEDICATION  | INDICATION                           | AR MEDICAID COVERAGE                                    |
|-------------|--------------------------------------|---|
| Pluvicto®   | Prostate Cancer                      | Medical coverage only (contact AFMC)                    |
| Opdualag™   | Melanoma                             | Medical coverage only (contact AFMC)                    |
| Vonjo™      | Primary or secondary myelofibrosis   | Manual review with criteria determined by the DUR Board |
| Ibsrela®    | IBS with constipation                | Nonpreferred in IBS class                               |
| Releuko®    | Biosimilar for Neupogen              | Nonpreferred in colony stimulating factor class         |
| Pyrukynd®   | Anemia in pyruvate kinase deficiency | Manual review with criteria determined by the DUR Board |
| Livtencity™ | Post-transplant CMV infection        | Manual review with criteria determined by the DUR Board |
| Apretude    | HIV PrEP                             | Manual review with criteria determined by the DUR Board |





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| Recorlev® | Hypercortisolemia in<br>Cushing's syndrome         | Manual review with criteria determined by the DUR Board |
|-----------|--|---|
| Adbry™    | Atopic dermatitis                                  | Nonpreferred in TIMS class                              |
| Cibinqo®  | Atopic dermatitis                                  | Nonpreferred in TIMS class                              |
| Zimhi™    | Naloxone for opioid overdose                       | No PA required  |
| Kimmtrak® | Uveal melanoma                                     | Medical coverage only (contact AFMC)                    |
| Ztalmy®   | Seizures associated with CDKL5 deficiency disorder | Manual review with criteria determined by the DUR Board |

### DISPENSE AS WRITTEN (DAW) CODES

- The prescriber must determine whether the Medicaid beneficiary has the medical
  necessity for a brand name medication that meets the required conditions to
  override a Generic Upper Limit (i.e., Federal Upper Limit (FUL), State Actual
  Acquisition Cost (SAAC), or Generic NADAC). The prescriber must submit a prior
  authorization request with the required MedWatch documentation to be considered
  for a "Brand Medically Necessary" override of the Upper Limit to reimburse at the
  brand name reimbursement rate.
- If a PA is approved and the pharmacy claim is submitted with a code of "1" in the dispense as written (DAW) field, the claim will be reimbursed using the Brand NADAC (or WAC when applicable) for the specific product dispensed rather than the Generic Upper Limit rate.
- A claim with a DAW code of 2-9 will process without a PA. However, a DAW code of 2-9 in the dispense as written field WILL NOT override the Generic Upper Limit (FUL, SAAC, Generic NADAC) and may result in the pharmacy losing money on a claim.

| DAW CODE | DAW Code Definitions                         |  |
|----------|--|--|
| 00       | Generic or Single-Source Brand dispensed     |  |
| 01       | Physician DAW—brand name medically necessary |  |
| 02       | Patient requested brand                      |  |
| 03       | Pharmacist selected brand                    |  |
| 04       | Generic not in stock                         |  |
| 05       | Brand dispensed, priced as generic           |  |
| 06       | Undefined—specific to payer                  |  |
| 07       | Brand mandated by law                        |  |
| 08       | Generic not available                        |  |
| 09       | Plan requires brand                          |  |





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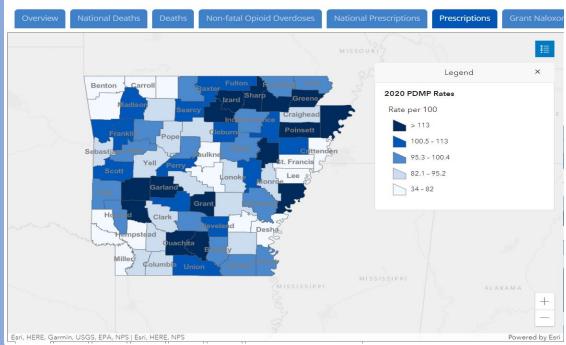
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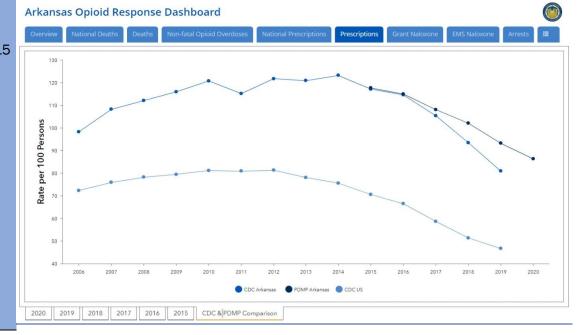
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INFORMATION FROM THE ARKANSAS OPIOID RESPONSE DASHBOARD (link below)
Prescription volume by county

Arkansas Opioid Response Dashboard



### Opioid prescription rate compared to the national average







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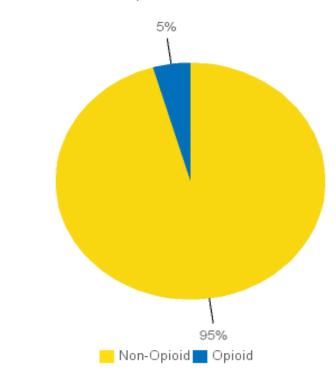
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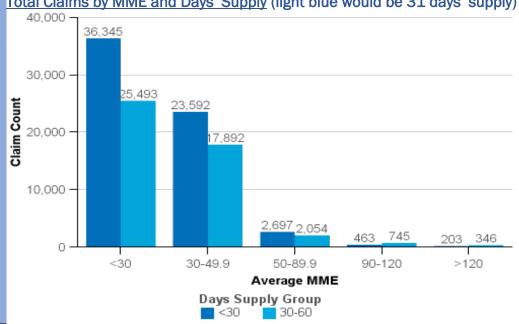
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OPIOID UTILIZATION FOR ARKANSAS MEDICAID MARCH 2021 - FEBRUARY 2022 (Data provided by Magellan Rx Management) 5% of all claims were opioids



Total Claims by MME and Days' Supply (light blue would be 31 days' supply)







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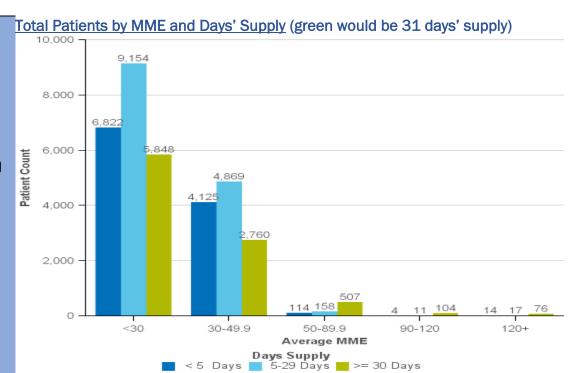
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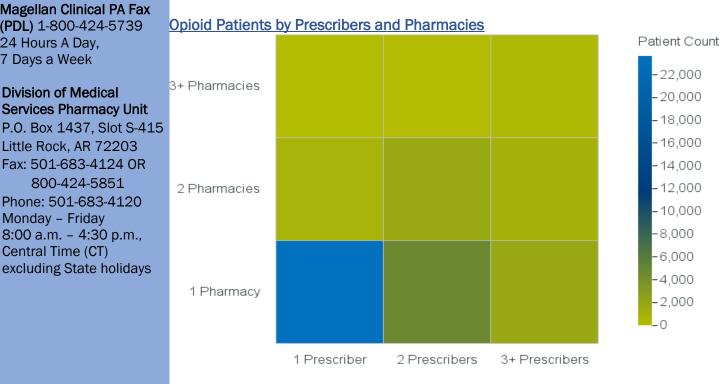
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## TOP 12 AR MEDICAID PRESCRIBERS OF OPIOIDS BY CLAIM COUNT 2021

|   | TOP IZ AIT WILDIGA   | N MILDICAID FINESCHIDENS OF OFICIDS DI CLA |                  | AIIVI COOIVI ZOZI |                          |                                   |
|---|--|--|------------------|-------------------|--------------------------|-----------------------------------|
|   | Taxonomy   | Prescriber<br>Location                     | Patient<br>Count | Total<br>Claims   | Total Units<br>Dispensed | Avg Units<br>Dispensed<br>/ Claim |
|   | FAMILY PRACTICE  | NORTHWEST<br>ARKANSAS                      | 300              | 2,241             | 180,250                  | 80.43                             |
|   | PAIN MEDICINE  | CENTRAL<br>ARKANSAS                        | 287              | 1,518             | 118,130                  | 77.82                             |
|   | INTERNAL MEDICINE  | EASTERN<br>ARKANSAS                        | 167              | 1,113             | 43,112                   | 38.73                             |
|   | PHYSICAL MEDICINE<br>AND REHABILITATION  | CENTRAL<br>ARKANSAS                        | 248              | 1,034             | 83,890                   | 81.13                             |
|   | ALLOPATHIC & OSTEOPATHIC PHYSICIANS - ANESTHESIOLOGY - ANESTHESIOLOGY                                | NORTHERN<br>ARKANSAS                       | 185              | 1,022             | 71,789                   | 70.24                             |
|   | PHYSICIAN ASSISTANTS & ADVANCED PRACTICE NURSING PROVIDERS - NURSE PRACTITIONER - FAMILY             | NORTHEAST<br>ARKANSAS                      | 255              | 1,004             | 83,099                   | 82.77                             |
|   | ALLOPATHIC & OSTEOPATHIC PHYSICIANS - FAMILY MEDICINE - FAMILY MEDICINE                              | NORTHEAST<br>ARKANSAS                      | 150              | 922               | 62,885                   | 68.20                             |
|   | INTERVENTIONAL PAIN<br>MEDICINE  | NORTHEAST<br>ARKANSAS                      | 157              | 875               | 49,938                   | 57.07                             |
| 5 | ALLOPATHIC & OSTEOPATHIC PHYSICIANS - PHYSICAL MEDICINE & REHABILITATION - PAIN MEDICINE             | NORTHEAST<br>ARKANSAS                      | 159              | 839               | 63,970                   | 76.25                             |
|   | ALLOPATHIC & OSTEOPATHIC PHYSICIANS - EMERGENCY MEDICINE   | NORTHEAST<br>ARKANSAS                      | 255              | 785               | 61,112                   | 77.85                             |
|   | PHYSICIAN ASSISTANTS &<br>ADVANCED PRACTICE<br>NURSING PROVIDERS -<br>NURSE PRACTITIONER -<br>FAMILY | CENTRAL<br>ARKANSAS                        | 144              | 768               | 62,703                   | 81.64                             |
|   | ALLOPATHIC & OSTEOPATHIC PHYSICIANS - ANESTHESIOLOGY - ANESTHESIOLOGY                                | NORTHEAST<br>ARKANSAS                      | 200              | 752               | 63,724                   | 84.74                             |
|   | INTERVENTIONAL PAIN<br>MEDICINE  | NORTHEAST<br>ARKANSAS                      | 150              | 738               | 54,752                   | 74.19                             |





## **APRIL 2022**

| THE NUMBERS LISTED  | TOP 15 AR MEDICAID PHARMACIES DISPENSING OPIOIDS BY CLAIM COUNT 2 |                       |                  |                 |                          |                                  |
|---|---|-----------------------|------------------|-----------------|--------------------------|----------------------------------|
| BELOW ARE FOR FEE-FOR-SERVICE (FFS)   | Pharmacy Type   | Pharmacy<br>Location  | Patient<br>Count | Total<br>Claims | Total Units<br>Dispensed | Avg Units<br>Dispensed/<br>Claim |
| SUPPORT   | CHAIN   | NORTHEAST<br>ARKANSAS | 567              | 1,270           | 55,828                   | 43.96                            |
| Magellan Pharmacy Support Center (Pharmacy, Member, and   | INDEPENDENT   | CENTRAL<br>ARKANSAS   | 288              | 1,247           | 69,401                   | 55.65                            |
| Prior Authorization)<br>1-800-424-7895  | CHAIN   | CENTRAL<br>ARKANSAS   | 500              | 1,175           | 49,157                   | 41.84                            |
| Monday – Friday<br>8:00 a.m. – 5:00 p.m.,<br>Central Time (CT)  | CHAIN   | NORTHEAST<br>ARKANSAS | 395              | 1,037           | 46,411                   | 44.76                            |
| excluding State holidays  | INDEPENDENT   | EASTERN<br>ARKANSAS   | 272              | 1,027           | 47,396                   | 46.15                            |
| Clinical PA Fax<br>1-800-424-7976<br>24 Hours A Day,  | CHAIN   | CENTRAL<br>ARKANSAS   | 356              | 1,018           | 49,634                   | 48.76                            |
| 7 Days a Week   | CHAIN   | EASTERN<br>ARKANSAS   | 335              | 920             | 38,560                   | 41.91                            |
| Magellan Clinical PA Fax<br>(PDL) 1-800-424-5739<br>24 Hours A Day,   | CHAIN   | CENTRAL<br>ARKNASAS   | 358              | 872             | 38,752                   | 44.44                            |
| 7 Days a Week   | CHAIN   | CENTRAL<br>ARKNASAS   | 315              | 857             | 42,415                   | 49.49                            |
| Division of Medical Services Pharmacy Unit  | CHAIN   | CENTRAL<br>ARKNASAS   | 252              | 833             | 47,242                   | 56.71                            |
| P.O. Box 1437, Slot S-415<br>Little Rock, AR 72203<br>Fax: 501-683-4124 OR<br>800-424-5851<br>Phone: 501-683-4120 | CHAIN   | CENTRAL<br>ARKNASAS   | 323              | 804             | 38,439                   | 47.81                            |
|   | CHAIN   | CENTRAL<br>ARKNASAS   | 326              | 798             | 36,840                   | 46.17                            |
| Monday – Friday<br>8:00 a.m. – 4:30 p.m.,<br>Central Time (CT)  | INDEPENDENT   | WESTERN<br>ARKANSAS   | 272              | 760             | 42,687                   | 56.17                            |
| excluding State holidays  | CHAIN   | CENTRAL<br>ARKNASAS   | 337              | 720             | 32,255                   | 44.80                            |
|   | CHAIN   | CENTRAL<br>ARKNASAS   | 243              | 678             | 33,451                   | 49.34                            |





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## SMART THERAPY

https://ginasthma.org/wp-content/uploads/2021/05/GINA-Main-Report-2021-V2-WMS.pdf

https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focusedupdates-asthma-management-guidelines

Per the Global Initiative for Asthma (GINA) -- "Asthma is a heterogeneous disease, usually characterized by chronic airway inflammation. It is defined by the history of respiratory symptoms such as wheeze, shortness of breath, chest tightness and cough that vary over time and in intensity, together with variable expiratory airflow limitation. Symptoms and airflow limitation may resolve spontaneously or in response to medication and may sometimes be absent for weeks or months at a time. On the other hand, patients can experience episodic flare-ups (exacerbations) of asthma that maybe life-threatening."

The pharmacological options for long-term treatment of asthma fall into the following three main categories:

- Controller medications used daily (i.e., ICS, ICS-LABA)
- Reliever medications used as needed (i.e., ICS-formoterol, SABA)
- Add-on therapies for severe asthma (i.e., high dose ICS-LABA)

Over-use of SABA (e.g., dispensing three or more 200-dose inhalers per year) can increase the risk of asthma exacerbations.

Per the National Institutes of Health (NIH)—"In patients 4 years of age and older, the preferred therapy is a combination ICS-formoterol used daily and as needed (i.e., Single Maintenance and Reliever Therapy (SMART))."

Based on the updated guidance around SMART therapy, the Arkansas Medicaid DUR Board voted to change the ICS-LABA criteria to mimic the GINA and NIH recommendations. Effective November 2, 2021, Arkansas Medicaid allows 2 Symbicort® (budesonide-formoterol) OR P.O. Box 1437, Slot S-415 Dulera® (mometasone-formoterol) inhalers per month to account for as needed dosing. To facilitate claim processing for our Medicaid clients, follow these recommendations.

- 1. When a claim for ICS-LABA is submitted, the system looks back 30 days in a patient's Medicaid pharmacy profile. If the patient received 1 inhaler within 30 days of a claim for 2 inhalers when changed to SMART therapy, the claim will deny at point-of-sale. In this example, the initial claim of SMART therapy will need a prior authorization as the system considers the patient received 3 inhalers. If the ICS-LABA is filled correctly from that point, no further PAs will be needed for 2 inhalers.
- 2. Some pharmacy software programs have not updated to compensate for the new GINA/NIH guidelines. Some of these programs are forcing the claim to pay for 1 inhaler only. Contact your pharmacy software program for information on submitting an override to allow 2 inhalers per month. (e.g., Walgreens's software requires an override code of 9995)

Short-acting beta agonist (SABA) usage should be replaced with ICS-LABA as needed whenever possible. For AR Medicaid claims, SABA's had the highest amount of pharmacy claims for the  $3^{
m rd}$  quarter 2021 of all medications. SABA usage will be monitored, and future edits may be needed.





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## MOST PRESCRIBED MEDICATIONS FOR AR MEDICAID CLIENTS BY CLAIM COUNT

| 3 <sup>RD</sup> QUARTER<br>2021 RANK | MEDICATION          | TOTAL CLAIMS<br>FOR QUARTER |
|--------------------------------------|---------------------|-----------------------------|
| 1                                    | PROAIR HFA          | 25,146                      |
| <mark>2</mark>                       | HYDROCODONE/APAP    | <mark>19,532</mark>         |
| 3                                    | FLUTICASONE NASAL   | 17,762                      |
| 4                                    | CETIRIZINE SOLUTION | 17,360                      |
| 5                                    | ATORVASTATIN        | 15,915                      |
| <mark>6</mark>                       | GABAPENTIN          | <b>15,786</b>               |
| 7                                    | CETIRIZNE TABLET    | 15,319                      |
| 8                                    | SERTRALINE          | 14,332                      |
| 9                                    | LISINOPRIL          | 13,474                      |
| 10                                   | AMLODIPINE          | 12,758                      |
| 11                                   | FLOVENT HFA         | 11,194                      |
| 12                                   | ONDANSETRON ODT     | 11,158                      |
| 13                                   | FOCALIN XR          | 9,976                       |
| 14                                   | VYVANSE             | 9,226                       |
| 15                                   | ESCITALOPRAM        | 8,994                       |

## MOST PRESCRIBED MEDICATIONS FOR AR MEDICAID CLIENTS BY NET COST AFTER REBATE

| 3 <sup>RD</sup> QUARTER<br>2021 RANK | MEDICATION           |
|--------------------------------------|----------------------|
| 1                                    | STELARA              |
| 2                                    | FOCALIN XR           |
| 3                                    | VYVANSE              |
| <mark>4</mark>                       | HYDROCODONE/APAP     |
| 5                                    | INVEGA SUSTENNA      |
| 6                                    | SUBOXONE FILM        |
| 7                                    | FLUTICASONE NS       |
| 8                                    | ENTRESTO             |
| 9                                    | TALTZ                |
| <mark>10</mark>                      | GABAPENTIN           |
| 11                                   | CETIRIZINE SOLUTION  |
| 12                                   | EPINEPHRINE (EPIPEN) |
| 13                                   | GENOTROPIN           |
| 14                                   | REXULTI              |
| 15                                   | ATORVASTATIN         |





## **APRIL 2022**

THE NUMBERS LISTED
BELOW ARE FOR
FEE-FOR-SERVICE (FFS)
SUPPORT

Magellan Pharmacy Support Center (Pharmacy, Member, and Prior Authorization) 1-800-424-7895 Monday – Friday 8:00 a.m. – 5:00 p.m., Central Time (CT) excluding State holidays

Clinical PA Fax 1-800-424-7976 24 Hours A Day, 7 Days a Week

Magellan Clinical PA Fax (PDL) 1-800-424-5739 24 Hours A Day, 7 Days a Week

Division of Medical
Services Pharmacy Unit
P.O. Box 1437, Slot S-415
Little Rock, AR 72203
Fax: 501-683-4124 OR
800-424-5851
Phone: 501-683-4120
Monday - Friday
8:00 a.m. - 4:30 p.m.,
Central Time (CT)
excluding State holidays

#### **USEFUL LINKS**

## DHS webpage

 https://humanservices.arkansas.gov/divisions-shared-services/medicalservices/helpful-information-for-providers/

### DHS provider manuals

 https://humanservices.arkansas.gov/divisions-shared-services/medicalservices/helpful-information-for-providers/manuals/

### Opioid guidance

- https://arkansas.magellanrx.com/client/documents
- http://www.cdc.gov/drugoverdose/prescribing/guideline.html
- <a href="https://www.samhsa.gov/medication-assisted-treatment">https://www.samhsa.gov/medication-assisted-treatment</a>
- https://www.cdc.gov/drugoverdose/pdf/pubs/2018-cdc-drug-surveillance-report.pdf
- The Dangers Of Mixing Benzodiazepines With Opiates Opioid Treatment
- <a href="https://www.cdc.gov/drugoverdose/index.html">https://www.cdc.gov/drugoverdose/index.html</a>
- https://www.rehabs.com/blog/the-polypharmacy-overdose-a-killer-trend/
- <a href="https://afmc-analytics.maps.arcgis.com/apps/MapSeries/index.html?appid=2977d338de97445">https://afmc-analytics.maps.arcgis.com/apps/MapSeries/index.html?appid=2977d338de97445</a>
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### **DUR BOARD MEETING DATES**

- April 20, 2022
- July 20, 2022
- October 19, 2022





**APRIL 2022**